



**Town of Arlington, Massachusetts**  
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## Board of Health Minutes 01/23/2008

**Board of Health Meeting Minutes**  
**Wednesday, January 23, 2008**  
**Ground Floor Conference Room**  
**Senior Center**  
**5:15pm**

*Board Members in Attendance: Dr. Carole Allen, Mr. Gregory Leonardos and Dr. Michael Fitzpatrick (Chair)*

*Staff in Attendance: Christine Connolly, Director of Health and Human Services, Natasha Thorne, Health Inspector, Mary Ann Jacobs, Secretary*

- Meeting minutes from November 14, 2007 were accepted as written.
- Meeting minutes from December 12, 2007 were accepted as written.
- HEARING REQUEST: Svetlana Sharapova, A-Skin Care salon

Ms. Sharapova is seeking variance for her salon to perform permanent makeup. The hearing has been postponed until more information regarding the requirements to perform this type of body art is studied.

- HEARING: 17 Egerton Road, Richard Saltzberg, tenant

Present at the hearing: Richard Saltzberg and his attorney, Nancy Barbour.

Mr. Saltzberg requested a hearing for an extension of time to make repairs to damages caused by him in the apartment. The violation pertains to a hole made by him in the living room to inspect the wall for insulation. This violation was discovered on December 20, 2007 during an inspection conducted by Natasha Thorne, Health Compliance Officer. Mr. Saltzberg requested an extension. In a letter from Building Inspector, Rick Vallarelli dated January 14, 2008; the Building Department found there to be no outstanding building code violations present in home. Based upon this report, Natasha Thorne, recommended that no extension be granted. Atty. Nancy Barbour presented a picture of the repairs made by Mr. Saltzberg which showed that the damage has not been restored to its original condition and, therefore, the board granted an extension for the work to be completed by January 30, 2008. A confirmation of this decision will be mailed to Mr. Saltzberg.

### V. DISCUSSION: Town of Arlington, Board of Health Rules and Regulations

#### Restricting Smoking and Distribution of Tobacco and Tobacco Products Within

the Town of Arlington. The issue of whether or not BOH should consider imposing a longer suspension of sales and/or fines for selling tobacco products to underage teens was discussed. There have been several complaints by parents of that there are stores that do sell cigarettes to underage teens. Compliance checks are done twice a year and the threat of losing their license for a week is a deterrent. At this time the Board decided that the tobacco rules and regulations are adequate and no changes will be made, if however, we continue to see high numbers of violations, the Board will reconsider this decision.

### VI UPDATE: Massage Therapy regulations and state licensure requirements

The State has taken over the licensing/permitting for Massage therapists and establishments; therefore local cities and towns will no longer issue permits/licenses. Unfortunately, notification of this change was sent after our office had issued our 2008 licenses. Phone calls requesting refunds are coming in daily. A letter has been sent to the State requesting a deduction of \$100 (the fee charged for Arlington permits) from the \$275 state fee for this first year.

- Restaurant updates

The health inspector reported the following: 1) Kayuga II has opened in the former Asiana Grill site at 444 Mass Ave; 2) Stop & Shop will be renovating their supermarket in the near future; 3) The Little Brick Barn is also renovating and will be

selling cold cuts, sandwiches, salads, etc.

- Annual Report

A copy our annual report was emailed to each board member for their review.

Public Health ALERT Update: Information regarding the dangers of eating any fish from the Mystic River has been included in the Board of Health packet. This office was notified by the state and has issued a press release warning residents not to eat fish from the Mystic River due to increased levels of PCB's, Chlordane and DDT found in the fish.

The next Board Meeting will be March 12, 2008.

Adjourn